

# HYGIENE RULES FOR DAY CARE FACILITIES

## For employees



Work should be conducted in teams and groups of children that are as constant as possible.



Hands should be washed thoroughly on a regular basis, especially after using sanitary facilities and before eating, as well as after blowing your nose, coughing or sneezing.



Coughing and sneezing etiquette (into the crook of your arm) must be observed.



Single-use tissues should be used, and they should be thrown away promptly after use.



Wearing mouth-nose protection (MNP) is generally not considered essential for specialists in the day-care centre in consultation with the „Healthy Work Centre“ and the Health Department. For educational reasons, MNP should not be worn when dealing with children under 3 years of age.



The distancing rules (1.5m) in relation to other qualified employees and legal guardians must be observed.



Shaking hands with, hugging, coughing, and sneezing on the qualified employees and legal guardians must be avoided at all costs.



Avoid touching your eyes, nose or mouth.



Regular ventilation/ cross ventilation must be carried out in all rooms that are used.



Personnel with symptoms such as a cough, sore throat or fever will not work in the facility.

## For children



Hands should be washed thoroughly with soap after contact with people, after using sanitary facilities and before eating, as well as after blowing your nose, coughing or sneezing. Hygiene routines of this kind should be created and (playfully) implemented with children in a way that is appropriate to their development.



The Bremen Health Department explicitly states that children should not disinfect their hands with disinfectants. Furthermore, disinfectants should always be kept out of reach of children.



Single-use tissues should be used, and they should be thrown away promptly after use.



Children with symptoms such as a cough, sore throat or fever will not be cared for in the facility.

## For legal guardians



The pick-up and delivery situations should be spread out and kept short.



Legal guardians should comply with the general hygiene rules and maintain distancing to other legal guardians and employees.



In connection with the pandemic, there are no fundamental concerns to the legal guardians entering the facility.



All legal guardians entering the facility must wear mouth-nose protection.



Legal guardians who themselves belong to a risk group should, if possible, not bring their children to the facility themselves.