Dear Sir or Madam,

dear parents and legal guardians,

a year has passed since Corona changed our daily lives. We want to be conducive to people not catching the virus in day nurseries. Moreover, we want the facilities to be open for all children as long as possible. Today I intend to inform you about a new precautionary measure for children and employees of daycare nurseries.

From your nursery you receive near-term self-tests/laymen tests for your child/your children. These tests were selected by scientific means and are not harmful to children. Testing your child is voluntarily. However, I encourage you urgently to test your child twice a week. You administer the self-test on Mondays and Thursdays at home with your child/your children before going to daycare center. That way you can contribute to protect many people. If you have forgotten the test at home, you can do the test at the nursery as an exception.

If the result is negative please fill out the attached result note. Please hand in the test at the nursery within the same day.

If the test result is positive, your child is not permitted to enter the daycare nursery and has to stay at home. Please inform your nursery immediately over the phone. Up next please arrange for an appointment to do a PCR-Test in order to verify the result. For that call **361 10100**. In case the result of the PCR-Test is positive, please inform your nursery. Then your child has to stay isolated. You yourself should get tested as well. In case the result is negative your child can come to the nursery.
Information to the procedure

Please administer the self-test/laymen test

- twice a week (Mondays and Thursdays)
- together with your child at home
- before going to the nursery.
- A video on how to do the test is available on the homepage of the Senator for Children and Education (https://bildung.bremen.de/sixcms/detail.php?gsid=bremen117.c.237989.de)

Result is negative
- Your child can come into the nursery.
- Fill out the attached result note.
  Please hand in the test at the nursery.

Result is positive
- Your child has to stay at home.
- Please report the test result back to the nursery &
  Please arrange for a PCR-Test for your child.
  For that call this number: 0421 361 10100
    - Inform the nursery about the result.
      - In case the PCR result is negative your child can come to the daycare nursery again.
      - In case the PCR result is positive inform your nursery. Your child has to stay in isolation.
Further information on the test

- The test in question is the *Novel Coronavirus (COVID 19) Antigen Test Kit (Colloidal Gold) NASAL* by LYHER®.
- The test is approved as a laymen test by both the Paul-Ehrlich-Institute and the Federal Institute for Pharmaceuticals and Medical Devices; for children as well.
- The swab has to take place in the frontal nasal area.
- Please read the attached manual before proceeding to the test. Wash your hands when testing your child.

Essential steps are:

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<tr>
<th>Step</th>
<th>Instruction</th>
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<tr>
<td>1.</td>
<td>Take the cotton bud (without touching the pad at the cotton end) out of the test kit and wield it carefully into one of your child’s nostril 1-2 cm deep until you reach a resistance.</td>
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<td>2.</td>
<td>Turn the pad’s cotton bud five times in the nostril of your child alongside the nasal surroundings.</td>
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<tr>
<td>3.</td>
<td>Take the pad out of the first nostril and wield it into the second nostril in the same manner as before. Turn the pad here five times, too.</td>
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<td>4.</td>
<td>Open the bumper seal and immerse the cotton bud into the sample tube.</td>
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<tr>
<td>5.</td>
<td>Squeeze the sample tube 10 to 15 times, so that the inside tube’s wall is pushed against the cotton bud.</td>
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<tr>
<td>6.</td>
<td>Wait 1 Minute.</td>
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<tr>
<td>7.</td>
<td>Take out the cotton bud and push the drip tip (“lid”) onto the tube.</td>
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8. Take the test set and trickle 3 drops out of the tube onto the sample hole (S) on the test set.

9. After 15 minutes you can read the result.

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<tr>
<td>POSITIV</td>
<td>NEGATIV</td>
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<td>positive</td>
<td>negative</td>
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What can you do in case of uncertainty?

- You can repeat the test once or go to a test center and do a free rapid test.
- If you have questions you can call the hotline 0241 261 10100 anytime. We will gladly help you.

Yours sincerely
On behalf of

Head of Department for Early Childhood Development, Support of Children and Skilled Personnel Development